

Aikido Kenkyukai Sydney City 5<sup>th</sup> Anniversary

# Aikido Gasshuku

with

# Jean-René Leduc

5<sup>th</sup> dan



Fri 7<sup>th</sup> - Sun 9<sup>th</sup> November  
Govinda Valley

A joyous and inspiring 3-day  
celebration including:

- Live-in Aikido training
- Yoga & Massage workshops
- Meditation & Guest lectures
- Delicious Ayurvedic meals
- Bush, beaches, surf & sun!

The gasshuku is limited to 30 people so you'll enjoy a more intimate camp with greater personal instruction from Jean-Rene, and many more chances to feel and experience his very special Aikido firsthand

Cost: \$395 (or \$350 for payments by 8<sup>th</sup> September)

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